# Haverigg Primary News

## Friday 19th Sept 2025

Please see letter to parents on page 3 regarding school trips and residentials going forward.

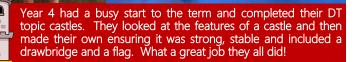
#### Starting school in September 2026?

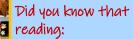
The deadline for applications is the **15th January 2026**. See page 4 for more details.

#### Transfer to Secondary School

The deadline to apply for a secondary school place for September 2026 is the **31st October 2025**. See page 5.

Mrs Cullen's Music Award





- Exercises your brain
  - Improves concentration
- Improves sleep
- Improves literacy
  - Increases general knowledge
- Reduces stress

What are you waiting for?



Reception Miss Blackburn Cora - for having a fantastic start to Haverigg Primary School. Cora already shows so many of our school values, she is a kind, caring and well-mannered member of the class. It has been lovely to get to know her and see her confidence grow in just a couple of weeks. Well done Cora, you are a superstar. Year 1 Miss Leece Caiden - For impressing us with your amazing handwriting this week, and you even applied your new learning to your writing. Well done Caiden! Year 2 Mrs Redhead Indie - Indie is an absolute superstar. She has taken the Year 2 transition in her stride and has been such a reliable and helpful girl, constantly running little errands and looking for jobs to help around the classroom. Not only that but she has been such a kind and caring friend, looking out for others in her class and helping them to settle in to the new year. Year 3 Mr Knowles Bodhi - for his fantastic start to Year 3. he proved himself a rock expert during our science topic and wowed us with his super writing in literacy. Well done Bodhi. Year 4 Miss Usher Charley - What a great start to Year 4 Charley has had. She always listens carefully to instructions, shows excellent learning behaviours and consistently works hard even when something is tricky. Thank you for being a wonderful role model Charley. Penny - Since returning to school, Penny has shown a truly amazing attitude. She has settled straight back into an excellent Year 5 Miss Marinovich routine, reading and quizzing every night and showing real commitment to her learning. She is proving, day after day, just how capable and brilliant she really is. We are so proud of her determination and positivity. Well done, Penny! Year 6 Miss Musgrave Ernie - for just being so fabulous! He has stepped up to the challenges of year 6 and such a fabulous role model for the rest of the school. He has also really impressed us with his arithmetic skills and was the only person in the class to gain full marks well done Frnie

At Haverigg Primary School we take the safety and welfare of your children very seriously. If you have any concerns regarding the safety and wellbeing of any children at Haverigg school please speak to Mrs Narongchai (our designated safeguarding leader), or Miss Musgrave / Mrs Redhead, (our deputy safeguarding leaders), in her absence.

Charlotte Year 5 - for doing so much practice on her piano this week. Well done!



Please return your Data Collection Sheets as soon as possible.

We have also sent out three MS Forms questionnaires (Medical, Media and Trip consents). Please can these be completed and submitted so that we have the most up to date information. If you do not complete the questionnaires, we will use your child's image on our newsletter / website until you inform us otherwise. Thank you.



Snack time reminder - now we are back in the swing of things, please can we just gently remind everyone of the acceptable snacks that we allow in school. Thank you.



Fruit Vegetables Crackers Cheese Rice cakes Digestive biscuits Plain pop-corn (not sweet) Other foods along these lines

Chocolate biscuits Crisps Cakes Sweets Other foods along these lines

Please also see a reminder of our packed lunch policy on page 7

## Nasal Flu Vaccinations

The school immunisation team will be in school on the 18th November to admin ister the nasal flu vaccination to all year groups. Parents were sent an reminder email with a link to give your consent or non consent. Please could this be actioned as soon as possible. Thank you.



Please see page 9 for upcoming school diary dates

If you label it - we'll find it! Please can we stress the importance of adding your children's names to their uniform, lunch boxes etc. It makes it so much easier to return lost items to the correct owner. With the weather turning a little colder now, please can children remember to bring a jacket to school for playtimes. Thank you.

## Attendance Matters



What is considered good attendance? Regular and punctual attendance is essential for effective learning, promoting positive relationships and developing good attitudes to education. A child's attendance at school is expected to be 96% and above. Anything that is below this needs to be addressed by school to ensure attendance improves. We need to ensure that all children attend school regularly as it is important for friendships and academic progress/success.

#### **Key daily timings:**

8:50 to 9:00 —— Register takes place After 9:00 → Late mark in register After 9:30 — unauthorised absence

## Weekly Attendance Report

	9
Reception	95%
Year 1	98%
Year 2	100%
Year 3	98%
Year 4	95%
Year 5	99%
Year 6	96%

















## HAVERIGG PRIMARY SCHOOL Atkinson Street Haverigg Cumbria LA18 4HA

Tel: 01229 772502

e-mail: admin@haverigg.cumbria.sch.uk

www.haverigg.cumbria.sch.uk

Headteacher: Mrs M Narongchai

Dear parents / carers,

19<sup>th</sup> September 2025

With the continuing increase to the cost of school trips over the last few years, the financial pressure this puts parents under and also the pressure on younger children to spend overnight trips away from home, we would like to make some changes to the day trips and residentials we offer to the children going forward.

#### **Currently we run three residential trips:**

- Year 3 1 overnight stay at Great Tower activity centre
- Year 4 2 nights in York (City visit)
- Year 6 2 nights in London (City visit)
- For the past two years Year 5 have taken part in a full day outdoor activity session with no overnight stay (Coniston).

#### We are proposing the following model – starting next year (2026 / 2027):

- Years 3 and 4 (current Years 2 & 3) will have day trips only no residential trips. Possible trips may include city visits (Manchester, Liverpool, Edinburgh) with a focus on museums and art galleries.
- Year 5 (current Year 4) will have a 1-night outdoor activity residential e.g. to Hawse End Keswick or Low Bank Ground Coniston.
- o Year 6 (current Year 5) will continue to have a 2-night residential trip to London.

This year (2025 / 2026) will be an interim year where we will run days trips for years 3, 4 and 5 and also the London residential for year 6 children.

Information regarding our London residential trip for June 2026 will be sent home shortly and information for other year groups will be sent as we get bookings secured.

As always, we allow parents the opportunity to pay for trips in installments on the School Money site.

If you have any questions regarding this information, please call the office or contact your child's class teacher.

Yours sincerely

Head teacher



Parents/carers are responsible for applying for a school place by 15 January 2026

## **Starting School**

Children born between

1 September 2021

and 31 August 2022

can start school in September 2026

You can apply online at: www.cumberland.gov.uk or contact: 01228 221582 or email school.admissions@cumberland.gov.uk

cumberland.gov.uk



School Admissions and Appeals
PO Box 415
Carlisle
Cumbria
CA1 9GU
cumberland.gov.uk

September 2025

The parent/carer of a Year 6 pupil

Dear Parent/Carer

#### Transfer to Secondary School in September 2026

As your child is due to transfer to secondary school in September 2026, you can apply for a Year 7 place online at: <a href="www.cumberland.gov.uk">www.cumberland.gov.uk</a>. The online application system [Citizen Portal] will be available from the 3 September 2025

There are several benefits to applying online, including:

- it is quick and easy.
- you will receive an acknowledgement by e-mail that your application has been submitted. you can find out which school your child has been allocated by 9am on National Offer day.

Please see the leaflet "Transfer from primary or junior school to secondary school in September 2026" for further information. Available on the council's website <a href="https://www.cumberland.gov.uk">www.cumberland.gov.uk</a>.

If you are an existing user of the Citizen Portal, it is important that you check that your own personal details, particularly the address details, are correct and up to date, as well as those of your child.

If you are unable to apply online, you can still apply using a paper form (SA3). You can download this from the website or alternatively you can contact the School Admissions and Appeals Team to request a copy.

Important information about schools and the application process is contained in the booklet 'Transfer to secondary school in Cumbria – September 2026'. Please read this before applying. You can download a copy of the booklet at <a href="https://www.cumberland.gov.uk">www.cumberland.gov.uk</a> If you don't have access to a computer, you can also view copies of the booklet in local primary, junior and secondary schools as well as libraries.

You must submit your application by 31 October 2025. If your form is late, it may seriously affect your chances of being allocated a place at one of your preferred schools.

Yours faithfully

School Admissions





# **Tom Palmer**



## Millom Library Author Visit



Multiple award winning author of over 60 children's books









## Wednesday 15th October, 4.30pm

Free Event - Booking essential: to book your place scan the QR code



Suitable for ages 7-12 years

Tom will be selling signed books for £5 (cash only)

Children under 8 must be accompanied by an adult



## Haverigg Primary School's





## Healthy Packed Lunch Policy

## How to pack a well-balanced lunch box - focus on the food groups

To be in-line with the School Food Standards set by the Department for Education, we feel this is a very reasonable packed lunch policy and one which we would like all parents to work towards achieving one small change at a time. We do understand that some children struggle with change but, the healthier choices you can gradually make, the better your child's health will be.

#### Packed lunches should include:

- At least one portion of fruit and one portion of vegetables every day.
- Meat, fish, eggs, or a non-dairy protein (e.g. lentils, kidney beans, chickpeas, houmous or falafel) every day.
- Oily fish, such as salmon, at least once every three weeks.
- A starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or another cereal every day.
- A dairy food such as milk, cheese, yoghurt, fromage frais or custard every day.
- A drink of water, fruit juice or smoothie (maximum portion 150ml), or semiskimmed milk or skimmed milk, yoghurt or another milk drink.

#### Packed lunches can occasionally include:

- Meat products such as sausage rolls, individual pies, corned meat and sausages.
- Cakes and biscuits but encourage your child to eat these as part of a meal and be mindful of appropriate portion sizes.

### Packed lunches should not include:

- Nuts or nut butters (we do have children in school with allergies)
- Salty snacks such as crisps.
- Confectionery such as chocolate bars, chocolate-coated cereal bars, processed fruit bars and sweets.
- Sugary soft drinks, such as squash and fizzy drinks.



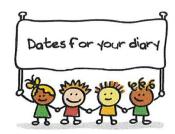


## **Haverigg School 3 Week Menus from September 2025**

	Week 1			
Monday	Chicken Fillet (Battered or plain), Red Pesto Pasta,	Victoria Sponge		
	Carrot & Cucumber sticks			
Tuesday	Pasta in sauce (Cheese optional) Garlic Bread,	Zucchini Brownie		
	sweetcorn			
Wednesday	Roast Chicken, Stuffing, Creamed Potatoes / Pasta and	Apple Cake & Custard		
<u> </u>	Vegetables			
Thursday	Meat & Potato Pie & Veg	Choc Chip Cookie & Milk Drink		
Friday	Fishy Ships, Beans/Peas	Fruit Salad and Ice-Cream		
	Daily:	Daily:		
	Jacket Potato with Butter/Cheese/Beans/Tuna	Fruit Yoghurts		
	OR	Fresh Fruit		
	Sandwich – Cheese/Ham/Tuna/Salad			
	Week 2			
Monday	Fish Cake, Chips, Spaghetti Hoops / Peas, Bread and	Scone with Jam		
500	Butter			
Tuesday	Mild Chicken Tikka Curry, Rice & Naan	Toffee Mousse, Bananas/Orange		
Wednesday	Roast Beef, Yorkshire Pudding & Vegetables	Gingerbread & Custard		
Thursday	Chicken Wrap with Salad & Seasoned Potato Wedges	Chocolate Cake		
Friday	Meatballs in Gravy, Mash/Pasta & Vegetables	Fruity Flapjack		
	Daily:	Daily:		
	Jacket Potato with Butter/Cheese/Beans/Tuna	Fruit Yoghurts		
	OR	Fresh Fruit		
	Sandwich - Cheese/Ham/Tuna/Salad			
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	Week 3			
Monday	Pasta Bolognaise, Garlic Bread & Sweetcorn	Sprinkle Cake		
Tuesday	Sausages, Mash or Pasta & Beans/Peas	Meltin Moment Biscuit		
Wednesday	Roast Pork, Yorkshire Pudding, Mash/Pasta &	Chocolate Crunch & Custard		
	Vegetables			
Thursday	Sunshine Pizza & Wedges	Vanilla Shortbread & Milk Drink		
Friday	Fishy Ships, Beans / Peas	Fruit, Waffle & Ice-cream		
	Daily:	Daily:		
	Jacket Potato with Butter/Cheese/Beans/Tuna	Fruit Yoghurts		
	OR	Fresh Fruit		
	Sandwich – Cheese/Ham/Tuna/Salad			

Please note: any children with a food intolerance can still order the main meal and pudding. If applicable, the kitchen staff will adjust the meal according to their intolerance e.g. dairy.

Thank you



# HAVERIGG PRIMARY SCHOOL DIARY DATES

(updated September 2025)

September 2025

Thursday 11th Visit from Millom school for Years 5 and 6
Tuesday 16th Visit from John Ruskin School for Years 5 and 6

October 2025

Friday 10th REACT Science Show at Millom School (Year 5)

Tuesday 14th Read Write Inc session for new Reception class parents

Friday 24th School finishes for October half term

Lighthouse Centre Halloween Disco

Friday 31st Deadline to apply for a secondary school place Sept 2026

November 2025

Monday 3rd Back to school

WC 4th UK Children's Book Week – FoHS Book Raffle

Wednesday 5th Year 6 Muncaster trip

Tuesday 18th NASAL Flu vaccinations in school Wednesday 19th Tempest Photography in school

December 2025

Friday 5th Christmas Jumper Day – bring a donation for Millom Food Bank

Wednesday 10th FoHS Christmas Fayre

Thursday 11th FoHS Selling parent Christmas presents

Beggars Theatre trip for Years 2 - 6

Monday 15th Christmas Performance
Tuesday 16th Christmas Performance
Wednesday 17th Christmas Performance

Friday 12th School Christmas Dinner (Christmas jumpers can be worn)

Thursday 18th Christmas Parties

Friday 19th End of term (earlier finish of 1.15pm)

January 2026

Tuesday 6th INSET Day for staff Wednesday 7th Spring term starts

Thursday 15th

Deadline to apply for a Reception class place Sept 2026

Friday 30th

**FoHS School Disco** 

February 2026

Friday 6th

Young Voices choir to Manchester

9<sup>th</sup> - 12th

Scholastic Book Fair in school

Friday 13th

School finishes for February half term

Monday 23rd

Back to school

March 2026

Thursday 5th

World Book Day

Friday 6th

Non-Uniform Day – chocolate donations for FoHS Easter Raffle

Wednesday 25th

Easter Raffle drawn

Friday 27th

End of term (normal finish time)

April 2026

Monday 13th

Summer term starts

Friday 24th

**FoHS School Disco** 

May 2026

Monday 4th

Bank holiday

Monday 11<sup>th</sup> – 14th

SAT's week

Friday 22nd

School finishes for May half term

June 2026

Monday 2nd

Back to school

Wednesday 3<sup>rd</sup> – 5th

Year 6 London residential trip

Thursday 18th

Sports Day (tbc with HCC)

Friday 19th

Reserve date for Sports Day (tbc with HCC)

July 2026

Friday 10th

**Presentation Assemblies** 

**FoHS School Disco** 

Friday 17th

End of term (1.15pm finish)

## **HAVERIGG PRIMARY SCHOOL** 2025

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Inset

## A SLOWER VERSION OF THE BEAUTIFUL GAME





# WALKING FOOTBALL

- Open to men & women from all local areas
- Great for ALL abilities
- Long term health benifits including reduced heart rate & blood pressure
- Make new friends, stay alive & above all have fun

Sundays 11am - 12noon Millom Rugby Union Club, Haverigg, LA18 4HB

Interested?

Contact: **Reg Hammond** 

reginald.hammond682@hotmail.com 07881 297441

Contact: Tony Bickerdike tbick@btinternet.com 07716 292277

### A few words from the founders of Millom Ironworks Football Club.

It is almost 4 years now since the first Ironworks football was kicked, every single club member has shown massive enthusiasm & commitment to the cause.

We have a great bunch of like minded people that never dreamed of lacing up a pair of boots & playing 'the beautiful game' ever again, with an age range of roughly 40 to 70 everyone is welcome.

#### A few thoughts from the gang

"I have found Walking Football life changing. The banter & the unity with others is amazing & scoring a goal makes me feel like I am King of the world".

"Walking Football has helped both my mental & physical health".

"At 71, I never thought i would be buying football boots".

"Very welcoming, great banter & a good crack".

"Life changing doesn't even get close, if you want to really feel alive & bring back that long lost spring in your step, then this is the answer"

DO IT, make the call, or drop by & have a sneak preview!!

Interested?

Contact: **Reg Hammond** reginald.hammond682@hotmail.com 07881 297441

Contact: Tony Bickerdike tbick@btinternet.com 07716 292277